

**St. Bernard Parish**  
[www.stbernardparish.ca](http://www.stbernardparish.ca)

**15 March 2026 Fourth Sunday of Lent**

<p><b>MICHAEL UCHELIMAFOR</b>          REAL ESTATE AGENT          michael@lifereg.ca          Cell: 613.857.8672          Office: 613.733.3434</p>  <p><b>LIFE SOLID ROCK</b>          Real Estate Group REALTY</p>	<p align="center"><i>Make the right decision! Go with Precision!</i></p>  <p align="center"><i>Prenez la bonne décision! Choisissez Précision!</i></p> <p align="center"><b>613-824-1120</b> www.precisionavestrouthing.com</p>
<p><b>PHARMACIE BANK ST. PHARMACY</b></p> <p align="center"><b>Lou Frangian, R.Ph.</b>          PHARMACIST  <i>Providing care for over 20 years</i></p> <p align="center"><b>FREE DELIVERY</b>  <b>BILINGUAL SERVICES</b>          10% SENIOR'S DISCOUNT EVERY DAY</p> <p><b>2531 BANK ST., (CORNER OF BANK &amp; ALBION)   TEL: 613-739-1212   FAX: 613-739-1219</b></p>	

**MASS INTENTIONS**

<b>Saturday, 14 March</b> <b>5:00 PM</b>	For divine protection for MCpl Peter DeNardi by Fr. Rick Lorenz
<b>Sunday, 15 March</b> <b>9:00 AM (Incense-Free)</b>	For our parish community
<b>Sunday, 15 March</b> <b>11:00 AM (Choir &amp; Children's Liturgy)</b>	In thanksgiving for blessings & protection by the Eke family
<b>Monday, 16 March</b> <b>9:15 AM</b>	RIP Kevin Dillon & all souls in Purgatory by Betty Dillon
<b>Tuesday, 17 March</b> <b>7:00 PM (Latin)</b>	For divine protection for MCpl Ogujhan (Ozzie)Yanar by Fr. Rick Lorenz
<b>Wednesday, 18 March</b> <b>9:45 AM</b>	For all souls in Purgatory by Glenn & Joan Ilott
<b>Thursday, 19 March</b> <b>9:15 AM</b>	For health of the Azzi family by Jocelyne Azzi
<b>Friday, 20 March</b> <b>9:15 AM</b>	For divine protection for Cpl Austin Kirby by Fr. Rick Lorenz
<b>Saturday, 21 March</b> <b>9:15 AM</b>	For grace for our children & grandchildren by Glenn & Joan Ilott

**SANCTUARY LAMP**

The sanctuary lamp glows from 7-14 March to signify the presence of the Blessed Sacrament

**CONFESSION**

Saturday from 4:30 to 4:50 PM. Sunday from 10:30 to 10:50 AM. After Mass subject to availability.

**STATIONS OF THE CROSS**

20 March at 7:00 PM - Women of the Parish, Mary's Way of the Cross  
 27 March at 7:00 PM - St. Bernard Bees, St. Alphonsus Ligouri  
 3 April at 9:30 AM - Children's Liturgy

**EUCHARISTIC ADORATION**

Thursday at 9:45 AM.

**ROSARY**

Thursday at 9:45 AM. Saturday at 4:30 PM. Sunday at 10:30 AM.

**OFFERINGS**

Regular Collection 8 March: \$1957.40  
 Diocesan & Missionary Works: \$320.00

**OFFICE HOURS**

The office is open Tuesday, Wednesday, Thursday and Friday from 9:00 AM to 1:00 PM.

**PASTOR'S MESSAGE**

There will be a special collection next weekend for Share Lent. This campaign supports the Canadian Catholic Organization for Development and Peace (CCODP). They focus on poverty in the Global South and fostering international justice.

 <p>Afro-Caribbean          Restaurant &amp; Bar          1990 Russell Road          (343) 984-5332          www.obando.ca</p>	 <p><i>Gifts and souvenirs for all religious occasions</i></p> <p>209-2310 St. Laurent Blvd.          Ottawa          613-745-1537</p>
 <p>Celebrating over 35 years in business          Landscaping/Snow Removal • 613-821-6005</p>	<p><b>OTTAWA TAX</b>          MAKING TAX MANAGEABLE</p> <p>Michael Blank CPA, CMA          Personal, Corporate, Estates and Trusts</p> <p>613-277-6171 • service@ottawatax.ca</p>

1720 St. Bernard Street  
 Gloucester, ON K1T 1K8  
 stbernard.parish@ottawacornwall.ca  
 (613) 738-1943

Fr. Rick Lorenz  
 Pastor  
 rick.lorenz@ottawacornwall.ca  
 (613) 612-3459

St. Bernard Parish  
[www.stbernardparish.ca](http://www.stbernardparish.ca)

15 March 2026 Fourth Sunday of Lent



Fiesta Manila  
Bakery and Filipino  
Store  
1800 Bank Street  
(613) 260-7171

This space available.

**PASTOR'S MESSAGE - TEMPORAL**

Thanks to Long & McQuade for supplying a new microphone at the presider's chair. The previous one had been at the ambo, but became damaged and stopped working effectively. We were awaiting restocking by the manufacturer, and then they suggested trying Long & McQuade. They had one in Hamilton that they shipped to us this week.

**POOR MAN'S SUPPER**

The Poor Man's Supper will be at 6:00 PM on Friday, 27 March. It will feature soup, good bread, good cheese, pickles and desserts. A free-will offering will go to the Knights of Columbus 40 Cans for Lent initiative. Stations of the Cross will follow the supper.

**40 CANS FOR LENT**

Knights of Columbus #13433 will be collecting non-perishable food items for the food bank during Lent. Put food items in the containers in the vestibule.

To donate money, use the provided KofC envelopes, and place them in the cash box in the vestibule. You can also e-transfer your donation to [kofc13433@gmail.com](mailto:kofc13433@gmail.com)

If you don't need a tax receipt for your monetary donation, KofC Supreme will match 25%. If you want a tax receipt, include your name and address on the envelope, and make cheques out to Ottawa Food Bank.

**DRIVE TO MASS**

A parishioner, Penelope, is looking for a drive to and from weekend mass, either 5:00 PM on Saturday or 11:00 AM on Sunday, for herself and her daughter. If you can help please contact her at [penny.e.t@proton.me](mailto:penny.e.t@proton.me) or by phone at (343) 254-6258.

**KNIGHTS OF COLUMBUS**

The next council meeting will be at 7:30 PM on Tuesday, 14 April.

**ST. BERNARD BEES**

The youth group meetings will be at 7:00 PM on Saturday, 21 March.

**ARCHDIOCESAN WEDDING ANNIVERSARY MASS**

For those celebrating 60 (or more), 50, 40, 30, 25, 20, 15, 10 or 5 years of marriage in 2026! At Notre Dame Cathedral on Sunday, 3 May at 2:30 PM. Please register before 16 April through the parish office, or at <https://forms.office.com/r/jpBDLwD0Kg>

**DONATIONS**



Donate or make payments directly to the parish by debit card through Interac eTransfer. The email address is [stbernard.parish@ottawacornwall.ca](mailto:stbernard.parish@ottawacornwall.ca)

The security question is **donation**  
The security answer is **bernard**



Scan the QR code to make a weekly, monthly, or one-time donation by credit card through [canadahelps.org](http://canadahelps.org)  
They will instantly issue you a tax receipt, and forward your donation to the parish. **This can only be used for donations, not to make payments.**

Payroll  
Deduction

For payroll deduction, our CRA charity number is: PAROISSE ST BERNARD 128967353RR0020.